

# Benefits to staff

*Healthy Student /  
Good result*



*School staff is trained to  
handle emergency situations*

*Healthy environment yields  
better output from healthy staffs*

*Encourages green environment*

## Services

Health Card (Life-saving / ID card)	Vaccination Chart
Personal Health Record (PHR)	Dental Check up
Eye Check up	ENT – Hearing Check up
General Examination	Diet Program
Health Awareness Programs for students	First Aid Box for School
Female Adolescent Counseling	Check up camps for ADHD / ADD (Attention Deficit Hyperactivity Disorder/Attention Deficit Disorder)



## Salient features

Innovative, cost effective & user friendly wellness platform

Expert Medical and IT team to support and keep track on your wellness needs

Creates a win-win situation for all involved stakeholders

Mutually beneficial relationship between service seekers & providers

Measure effectiveness of students and assessment is made available to staff

Our health & wellness portal helps to lead a healthier lifestyle

Paperless technology solution

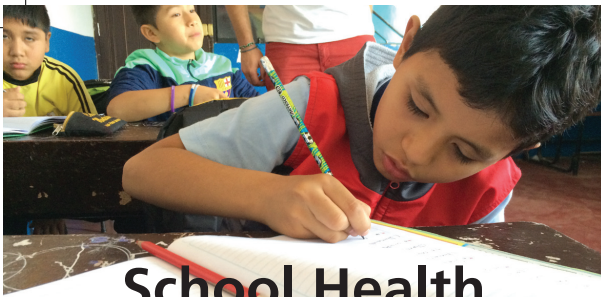
### Wellness Zone WLL

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# HEALTHY BODY HEALTHY MIND

[www.healthcapita.me](http://www.healthcapita.me)



## School Health Benefit Program

It is an admitted fact that the children are the future of the Nation. If the children are healthy, the Nation is bound to be strong, and so **Healthcapita's School Health and Wellness Benefit Program** becomes an important element of total Health Care Delivery System which helps in keeping close watch on the health of school going children and empower schools to help their students understand the importance and take care of their health.

We understand that student's optimum progress is an essential element and the ultimate goal for a school. Ensuring that children have access to knowledge ensures that they are able to change not only their own attitude and behavior, but that of their families and communities as well.

It is our belief that students should always take a proactive approach to manage their health, hence we have developed resources which empowers to understand and manage one's health. We understand students' optimum progress is an essential element for a school; therefore, Healthcapita introduces the School Health & Wellness Program

# Benefits to students

## Health Awareness

The primary objective of this awareness program is to "Keep people disease free through prevention." The awareness program educates how to adopt a healthy lifestyle and how to prevent unwelcoming diseases.

## Less Absenteeism / Better Performance

Increased awareness towards one's health is the major benefit of School health programs.

Increase in concentration and grasping power of healthy students along with less absenteeism, which results in better performance.

## Health Coaching/ Health Education

Health talks on various health and wellness related issues can be arranged at school premises

The students will be educated on various health issues like childhood obesity, nutrition & diet, apart from that special matters pertaining to adolescents can also be addressed like substance abuse & addiction, physiological & psychological transitions, handling stress in teens and so on.

## Regular/Annual Health Check ups

We provide preventive health checkups which includes general examination, height, weight, blood pressure, temperature, oral hygiene, blood group.

After medical checkups, we provide a descriptive report for individual students which helps parents understand the health of their child.

## Healthy coordination between Teachers / Students / Parent

Early diagnosis of disease. Teachers and parents can keep track of health status

## Vaccination Reminders

Healthcapita also provides a detailed vaccination chart for students of various age groups, along with regular reminders for vaccinations.



## Easy to Maintain Health Statistics of Students

After medical check-up, we provide a consolidated report of all the students to the school to help them understand the health trends among students of various ages.

## Diet Advise

Nutritional counseling by our dietician for the school canteen and students.

## Brand Recognition

Preferred School in the locality, which not only imparts knowledge, but also inculcate health values to students at early stage.